

Press Release

Regal Petroleum plc
("Regal" or the "Company")

8 December 2010

Holding in Company

The Company was notified, on 7 December 2010, by Capital Research and Management Company that, following a sale of ordinary shares of 5 pence each in the Company ("Ordinary Shares") on 6 December 2010, it has an interest in 14,301,342 of the Company's Ordinary Shares, representing 4.49 per cent of the issued ordinary share capital of the Company.

For further information, please contact:

Regal Petroleum plc **Tel: 020 7408 9500**
Keith Henry, Chairman
Robert Wilde, Finance Director

Strand Hanson Limited **Tel: 020 7409 3494**
Simon Raggett / Rory Murphy